

OHIO POLICE AND FIRE RECORDS

WGHT	LIFTER	TOTAL	DEPARTMENT
POWERLIFTING RAW			
WOMEN			
148lb Open	Halle Gudgell	720	Butler County SO
148lb 35-39	Damara Hunt	675	Cincinatti FD
MEN RAW			
148lb open	Juan Goins	770	Cleveland PD
165lb 20-23	Ryan Rhodes	900	Olmsted FD
165lb open	Anthony Falcone	1410	Akron FD
165lb 45-49	Rene Joris	900	Frederickstown PD
181lb open	Benjamin Harrod	1315	Mt Vernon FD
181lb 45-49	Marcus Jones Sr	925	Cleveland PD
198lb 20-23	Grant McDaniel	1040	Olmsted FD
198lb open	Benjamin Harrod	1405	Mt Vernon FD
198lb 40-44	Anthony Puklavec	1285	Olmsted FD
220lb open	Jeremy Moody	1420	Massilon PD
220lb 40-44	Andrew Sitler	1085	Genoa Twp PD
220lb 75-79	Joe Tracy	500	New York FD
275lb open	Charlie Kilbel	1500	Cuyahoga Falls FD
275lb 40-44	Jamie Adams	1200	Jerome Twp FD
275lb 45-49	Bob Roberts	1015	Union County SO
308lb 20-23	Tanner Baker	1160	Liberty Twp PD
308lb open	Ethan Felton	1530	Heron FD
MENS SINGLE PLY			
198lb open	Anthony Lump	940	Massillon FD
220lb 60-64	Don Egan	1205	CSX Railroad PD
242lb 55-59	Mel Burns	1370	Sandusky PD

275lb 40-44	Andrew Schroeder	1510	Butler County SO
275lb 55-59	Mel Burns	1390	Sandusky PD

PUSH PULL RAW

WOMEN

198lb 50-54	Tamara Singletary	405	Medina County SO
-------------	-------------------	-----	------------------

MENS

165lb open	Anthony Falcone	925	Akron FD
181lb open	Ryan Miranda	840	Cleveland PD
181lb 45-49	Marcus Jones Sr	600	Cleveland PD
198lb open	Benjamin Harrod	890	Mt Vernon FD
220lb open	Bryan Brooks	870	Mahoning County SO
220lb 55-59	Reno Contipelli	620	Cuyahoga Hghts FD
220lb 75-79	Joe Tracy	380	New York FD
242lb 35-39	Tommy Gibbs	690	Youngstown FD
275lb open	Charlie Kilbel	1000	Cuyahoga Falls FD
275lb 40-44	Jamie Adams	760	Jerome Twp FD
308lb 45-49	Matthew West	945	Cleveland PD
SHW open	Jesse Tewksbury	755	Butler County SO
SHW 40-44	Aron Nedeff	1055	Marietta PD

Push Pull Single Ply

MEN

220lb 60-64	Don Egan	705	CSX Railroad PD
242lb 55-59	Mel Burns	870	Sandusky PD
275lb 55-59	Mel Burns	890	Sandusky PD

DOUBLE PLY MEN

242lb 55-59	Frank Costanzo	1080	Cuyahoga County SO
-------------	----------------	------	--------------------

BENCH PRESS RAW

WOMEN

198lb 50-54	Tamara Singletary	175	Medina County SO
-------------	-------------------	-----	------------------

MEN

165lb open	Anthony Falcone	315	Akron FD
------------	-----------------	-----	----------

181lb open	Benjamin Harrod	330	MT Vernon FD
------------	-----------------	-----	--------------

181lb 45-49	Marcus Jones Sr	250	Cleveland PD
-------------	-----------------	-----	--------------

198lb open	Benjamin Harrod	375	Mt Vernon FD
------------	-----------------	-----	--------------

198lb 55-59	Dana Newell	305	Sandusky PD
-------------	-------------	-----	-------------

198lb 60-64	David Yourkvitch	285	Sandusky PD
-------------	------------------	-----	-------------

198lb 65-69	David Yourkvitch	255	Sandusky PD
-------------	------------------	-----	-------------

220lb open	Bryan Brooks	355	Mahoning County SO
------------	--------------	-----	--------------------

220lb 55-59	Reno Contipelli	205	Cuyahoga Hghts FD
-------------	-----------------	-----	-------------------

220lb 60-64	Al Woo	280	Washington Twp FD
-------------	--------	-----	-------------------

220lb 75-79	Joe Tray	155	New York FD
-------------	----------	-----	-------------

242lb open	Anthony Miranda	400	Cleveland PD
------------	-----------------	-----	--------------

242lb 40-44	Brian Webber	485	Massillon FD
-------------	--------------	-----	--------------

242lb 50-54	Sean Leuthold	355	Crawford County Cts
-------------	---------------	-----	---------------------

242lb 65-69	Jerry Klue	225	Childrens Hospital PD
-------------	------------	-----	-----------------------

275lb open	Ryan Kellackey	455	Richfield PD
------------	----------------	-----	--------------

275lb 35-39	Robert Zehnder Jr	275	Stark County Cts
-------------	-------------------	-----	------------------

275lb 40-44	Jamie Adams	320	Jerome Twp FD
-------------	-------------	-----	---------------

308lb 45-49	Matthew West	380	Cleveland PD
-------------	--------------	-----	--------------

SHW 40-44	Aaron Nedeff	430	Marietta PD
-----------	--------------	-----	-------------

SINGLE PLY MEN

181LB 70-74	Curt Muehling	250	Sandusky PD
-------------	---------------	-----	-------------

220lb 60-64	Don Egan	300	CSX Railroad PD
-------------	----------	-----	-----------------

242lb open	Andrew Miller	285	Wintersville PD
------------	---------------	-----	-----------------

242lb 50-54	Sean Leuthold	355	Crawford County Cts
242lb 55-59	Mel Burns	370	Sandusky PD

275lb 40-44	Andrew Schroeder	460	Butler County SO
275lb 55-59	Mel Burns	405	Sandusky PD

MENS DOUBLE PLY

242lb 50-54	Frank Costanza	490	Cuyahoga County SO
242lb 55-59	Frank Costanza	490	Cuyahoga County SO

SQUAT RAW MEN

181lb 45-49	Marcus Jones Sr	325	Cleveland PD
198lb open	Benjamin Harrod	515	Mt Vernon FD
220lb open	Salvatore Minardi	490	Mahoning County SO
220lb 55-59	Reno Contipelli	340	Cuyahoga Hgts FD
220lb 75-79	Joe Tracy	120	New York FD
242lb open	Anthony Miranda	615	Cleveland PD
275lb 40-44	Jamie Adams	440	Jerome Twp FD

SQUAT SINGLE PLY MEN

275lb 55-59	Mel Burns	500	Sandusky PD
-------------	-----------	-----	-------------

DEADLIFT RAW WOMEN

198LB 50-54	Tamara Singletary	230	Medina County SO
-------------	-------------------	-----	------------------

DEADLIFT RAW MEN

181lb 45-49	Marcus Jones Sr	350	Cleveland PD
198lb open	Benjamin Harrod	515	Mt Vernon FD
198lb 45-49	Anthony Puklavec	625	Olmsted Twp FD
220lb open	Bryan Brooks	515	Mahoning County SO
220lb 55-59	Reno Contipelli	205	Cuyahoga Hgts FD
220lb 75-79	Joe Tracy	225	New York FD

242lb open Kyle Trsinar 420 Carroll County SO

275lb 40-44 Jamie Adams 440 Jerome Twp FD

SHW 40-44 Aaron Nedeff 625 Marietta PD

DEADLIFT SINGLE PLY MEN

220lb 60-64 Don Egan 405 CSX Railroad PD

242lb 55-59 Mel Burns 500 Sandusky PD

275lb 55-59 Mel Burns 485 Sandusky PD

DEADLIFT DOUBLE PLY MEN

242LB 55-59 Frank Costanza 590 Cuyahoga county SO

CURL MEN

165LB OPEN Nicholas Moskowitz 130 Metro Health PD

181lb open Benjamin Harrod 120 Mt Vernon FD

181lb 45-49 Marcus Jones Sr 110 Cleveland PD

181lb 70-74 Curt Muehling 95 Sandusky PD

198lb 55-59 Dana Newell 140 Sandusky PD

198lb 60-64 David Yourkvitch 125 Sandusky PD

198lb 65-69 David Yourkvitch 105 Sandusky PD

220lb open Bryan Brooks 160 Mahoning countySO

220lb 60-64 Al Woo 130 Washington Twp FD

220lb 70-74 Joe Tracy 60 New York FD

242lb open Anthony Miranda 125 Cleveland PD

242lb 35-39 Tommy Gibbs 125 Cleveland FD

242lb 50-54 Sean Leuthold 150 Crawford County Cts

242lb 55-59 Franks Costanza 160 Cuyahoga County SO

275lb 40-44 Jamie Adams 110 Jerome Twp FD

308lb 45-49 Matthew West 135 Cleveland PD

SHW 40-44 Aaron Nedeff 170 Marietta PD